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Lang and Associates
730 Eglinton Avenue East
Toronto, ON M4G 2K7
Attention: Mr. David Lang

FUNDRAISING

Fred Gaby
396 Woodsworth Rd., Unit 59
Toronto ON M2L 2T9
416 445 6160



BORN TO SLIDE

by Karley McNamara

Hi, my name is Karley. I have been skiing since I was ten years old. I started with Track 3 Ski Association. I still remember Tia, my first instructor. I used a ski-bra at the time, and I remember her telling me to make a slice of pizza with my skis. I made lots of good friends there, and I'm still close to them. I skied with Track 3 until I was 19 years old.

My family bought a cottage with a ski hill around the corner, called Sir Sam's Ski Area. They have a CADS program there.

So, every weekend for eight years, we'd come up to the cottage, and I would bring my friend, Karen, from Track 3.

Every Saturday, we would go snowmobiling, and every Sunday, we would ski with the CADS group. I had some great times there and enjoyable instructors, including Terry, Sheila, and Scott. Then, for our last ski day of each season, Karen and I would make cupcakes to bring for our barbecue.



I switched over to ADDS about six years ago. I enjoy everything about it. I love talking with friends on the bus ride, skiing all day, and going to the bar for a glass of wine at the end of the day. I also really like the banquet and the summer barbecue. Unfortunately, I was booked to go to the CADS festival in B.C. when the pandemic hit.

I am looking forward to getting back to ADDS when we can and seeing everyone again. I can honestly say I always want ADDS to be part of my winter routine. I love the people and love skiing.

A Message from the President

With the last couple of weeks of extended summer weather now behind us, it's time once again to look forward to another winter on the slopes. First and foremost, I would like to thank our devoted volunteers, donors, and hosts. As our program turns 40 this year, I am ever grateful for what each of you brings to our organization. Without your support, we would certainly not be celebrating this remarkable milestone.

As many of you know, we are the first and only adaptive ski club in Canada that caters uniquely to participants 19 years and older; a demographic often falls through the cracks regarding adaptive sport and the well-being attained through organized recreation.

Our 2022 ski season will be a nine-week Sunday program spanning from January 9th to March 6th at Caledon Ski Club. My thanks to Craig MacDonald and his team for welcoming ADDS into the fold. We look forward to working with you in the months and years to come.

On that same note, I would like to thank Fred Gaby, our Chairman of Fundraising, for spreading awareness about our cause and making our membership fees financially attainable for all our participants. My sincere thanks to all for the great work you do.

This year, our annual "Think Snow" get together will take place at the Mandarin Buffet at Finch and Dufferin in Toronto.

If you're able to attend, I invite you to join us for dinner and the opportunity to socialize in the spirit of skiing.

As we are an organization solely comprised of volunteer staff, if you or someone you know is interested in helping out in any capacity, please contact me directly at ski.adds@cadstario.ca

See you on the slopes!

Gabor Takacs

President, Adult Disabled Downhill Skiing (ADDS)